

Good to Know

26th February 2021

Working with Families News

News:	For more info:
Up-to-date local information on COVID-19 restrictions can be found on Council's website	Sandwell Latest
People who live in Sandwell are being invited to take a ' PCR ' Covid-19 test if they are feeling unwell, even if they are not displaying the three key symptoms.	https://www.sandwell.gov.uk/news/article/5932/sandwell-residents-encouraged-to-get-covid-19-tests-when-feeling-unwell
BBC Asian Network is helping people in the South Asian community to spot potential vaccine scams , with advice videos in five South Asian languages: Urdu, Punjabi, Sylheti, Tamil and Gujarati.	https://www.bbc.co.uk/news/uk-56018508 https://m.facebook.com/watch/21750735380/480652352909928
Changes Antenatal is being offered as both a three-week virtual course and as a distant-learning programme. If you know anyone who lives in Sandwell and is expecting a baby encourage them to book a place.	https://bookwhen.com/changes
If you are you a grandparent-to-be , or another family member welcoming a new baby into your family then Changes Antenatal has a brand new FREE 2-hour virtual session for you. Find out all the latest advice and guidance for pregnancy and newborn baby care so that you can support the new parents as much as possible.	https://bookwhen.com/changes
The Department for Education has published guidance for schools and colleges in England to support their approach to harmful online challenges and online hoaxes . The advice covers: preparing in advance for any online challenges and hoaxes; safeguarding children and young people; sharing information with parents and carers; and where to get help and support.	https://www.gov.uk/government/publications/harmful-online-challenges-and-online-hoaxes
CEOP has published guidance for parents/carers and professionals on what to do if you come across Child Sexual Abuse material online. This includes how to report it, and how to look after yourself.	https://www.thinkuknow.co.uk/parents/articles/what-to-do-if-you-come-across-child-sexual-abuse-material
New Girlguiding research reveals how girls and young women aged 4-18 in the UK are coping during the latest national lockdown - and with the huge changes that have occurred in their lives over the past year.	https://www.girlguiding.org.uk/what-we-do/our-stories-and-news/news/girlguiding-research-highlights-greater-impact-on-girls-and-young-women-this-national-lockdown-than-previous-lockdown/

<p>Sandwell Parents for Disabled Children has published their newsletters for March and April.</p>	  SPDC March 2021 SPDC April 2021
<p>Sandwell Adult & Family Learning have expanded their online courses and now include a suite of Mental Health and Wellbeing courses. These courses are being offered free for a limited time only and can be accessed by residents and staff providing they are not taking an apprenticeship.</p>	<p>https://www.learnsafl.ac.uk/pages/home/online-courses/cpd-courses/wellbeing-and-mental-health-cpd-courses</p>
<p>Centres where victims and witnesses of hate crime can report offences and get support have been relaunched in 23 locations across Sandwell. The safe places, known as Third Party Reporting Centres, are based at community organisations, housing associations, victim support offices, places of worship, colleges and council offices.</p>	<p>https://www.sandwell.gov.uk/news/article/5929/centres-for-reporting-hate-crime-and-supporting-victims-relaunched-in-sandwell</p>
<p>Parentzone has produced a new parent handout on the popular Roblox game 'Adopt Me' for a snapshot of its features and how to play safely.</p>	<p>https://parentzone.org.uk/article/adopt-me-parents%E2%80%99-guide-roblox-game-safe-your-child</p>
<p>Kaleidoscope now have spaces available on their Plus programme. The programme consists of 10 workshops and supports people with their personal wellbeing and includes managing stress and anxiety, low mood and depression, sleep and relaxation, self-esteem building and more. Sessions are available to Sandwell residents and will run from early April to mid-June.</p>	<p>https://kaleidoscopeplus.org.uk/training-courses.php</p> <p>To book a place, contact the Training Team on Training@kaleidoscopeplus.org.uk</p>
<p>The Construction Traineeship Sandwell programme is starting on 12th April. There are opportunities for young people aged 16-18 who are not currently in education, employment and training to jump on the career ladder including a 10-week JTL traineeship.</p>	 A4_Traineeships_poster_Wilmot_Sandwell enquires_recruitment@sandwell.gov.uk
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team parent_support@sandwell.gov.uk</p>